

Continuous Medical Leave of Absence **CHECKLIST**

Please follow the instructions below to ensure your leave is processed correctly.



STEP 1:

- Request your Medical leave by logging into **iCooper Team Member Space > click My Time Off > Select Leaves Tab > Click on the ellipsis (3 dots on the right next to Sort) > Select Request Leave > Complete the required fields > Click Submit.** Once you submit your request, your leave documents will be sent to you.
- Review ALL information sent to you in the leave of absence packet. Each document is important and includes meaningful information to assist you in navigating the leave process.

STEP 2:

Have the following forms completed and returned to the Human Resources Leave of Absence Team at the fax or email listed below:

- Cooper University Health Care Request/Approval for Medical Leave of Absence Form (Employee to complete)
- Certification of Health Care Provider for Employee's Serious Health Condition Form (Employee to complete cover page, Physician to complete pages 1 thru 4)
- All completed forms should be faxed or emailed to the Human Resources Leave of Absence Team:
 - 856-968-8519 (fax)
 - HRLOA-WC@Cooperhealth.edu (email)

STEP 3:

- Apply for NJ Temporary Disability within 30 days of your leave start date on the NJ Disability website: <https://myleavebenefits.nj.gov> (Employee and Physician to complete online process)
- NJ Temporary Disability Information is included in your leave packet, please follow the instructions to apply for your NJ Temporary Disability.
- For questions regarding NJ temporary disability or assistance with your claim, please call the state of NJ Division of Temporary Disability directly at 609-292-7060, or visit <https://myleavebenefits.nj.gov>
- Complete and return any forms you receive from NJ Disability, for example-P-30 form. These requests for information must be completed in order for your claim to be paid and processed. Any questions regarding NJ temporary disability forms should be directed to the State of NJ at 609-292-7060.

MEDICAL LEAVE FREQUENTLY ASKED QUESTIONS-CONTRACTED EMPLOYEES

Q: How do I apply for Medical leave?

A: Log into **iCooper Team Member Space > click My Time Off > Select Leaves Tab > Click on the ellipsis (3 dots on the right next to Sort) > Select Request Leave > Complete the required fields > Click Submit.**

Q: When do I apply for Medical leave?

A: No more than 45 days in advance of your leave start date.

Q: How do I get my Medical leave paperwork for me and my doctor to complete?

A: Once you apply at the above link, we will send you the necessary paperwork for completion.

Q: How is FMLA eligibility determined?

A: You must be an employee for 1 year and have 1,000 hours worked in the 12-month period just prior to the start date of your leave.

Q: What if I am not eligible? (Have not been an employee for one year, or have less than 1,000 hours worked in the last 12 months)

A: Your medical leave would be considered under an ADA/AA Accommodation.

Q: How will I be paid?

A: If you are eligible for FMLA, you are paid your full contracted salary during the disability portion of your leave, not to exceed 12 weeks.

IMPORTANT-You must apply for New Jersey Temporary Disability Insurance benefits. The NJ Disability process is an online process. Please visit www.MyLeaveBenefits.nj.gov for more information and instructions on how to apply.

Although you are being paid your full salary during the disability period, you are also required to apply for NJ Temporary Disability. The state will pay you on a Money Network/My Banking Direct Debit Card. NJ short term disability pays 85% of your average weekly wages up to a maximum. See the current year's maximum weekly benefit level at myleavebenefits.nj.gov.

You will keep those funds, the state of NJ will report the amounts they are paying you to the payroll department and your full salary will be adjusted to reflect payments you received from the state.

If you elected Voluntary STD 30, 60, or 90 day supplemental disability plan, please contact New York Life at 888-842-4462 or online at myNYLGBS.com.

The state of NJ pays disability benefits until you recover and return to work, exhaust your maximum benefit entitlement, or receive benefits for 26 weeks. If your disability will exceed six months, you may be entitled (benefit eligible employees only) for long term disability. If you need to apply for long term disability, please contact New York Life at 888-842-4462 or online at myNYLGBS.com.

Q: What if I am not eligible, how will I be paid?

A: If you are not eligible for FMLA, you are not eligible for full paid salary while on leave. You will apply for NJ short-term disability.

IMPORTANT-You must apply for New Jersey Temporary Disability Insurance benefits. The NJ Disability process is an online process. Please visit www.MyLeaveBenefits.nj.gov for more information and instructions on how to apply.

NJ Disability will be paid on a Money Network/My Banking Direct Debit Card. NJ short term disability pays 85% of your average weekly wages up to a maximum. See the current year's maximum weekly benefit level at myleavebenefits.nj.gov.

If you elected Voluntary STD 30, 60, or 90 day supplemental disability plan, please contact New York Life at 888-842-4462 or online at myNYLGBS.com.

Q: What if I have questions regarding my NJ temporary disability claim?

A: Please contact the state directly at 609-292-7060, or visit www.MyLeaveBenefits.nj.gov

Q: How do I return to work after my leave?

A: For your own medical condition – You will be required to present Cooper University Health Care with a fitness-for-duty certificate as a condition of being restored to employment at least one (1) calendar week prior to your scheduled return to work date. The certification must include whether you are being released to work with or without restrictions. If such certification is not received, your return to work will be delayed until the certification is received. Please return the fitness-for-duty certificate to the Leave department via fax at 856.968.8519 or via email at HRLOA-WC@Cooperhealth.edu. Once your fitness-for-duty certificate is received, the IT Department, Help Desk and your manager will be notified to have your systems access restored for your return to work date.

Q: What happens to my benefits while I am out on leave and how do I pay for them?

A: During your leave, Cooper University Health Care will continue to pay its portion of your group health insurance premiums and you must pay your share, if applicable, of the health insurance premiums. If you normally pay a portion of the premiums for health insurance, your premiums will be deducted from the paycheck(s) that you will be receiving during your leave. If you are on an unpaid leave, your payments will be suspended during the period of your unpaid leave. Upon your return from leave, Cooper will deduct all outstanding benefit premium deductions from the number of pay periods missed. If you fail to return from your leave, your insurance will be cancelled, and you will be sent information on how you may continue your coverage (COBRA). In addition, if you fail to return to work, The Cooper Health System reserves the right to seek reimbursement for the cost of benefit premiums paid during leave.

Q: What happens if I have a loan with Fidelity?

A: Employees approved for a consecutive leave of absence under the FMLA/NJFLA, will not be expected to make loan repayments. Once you return from your leave of absence and are placed back in an active status, your loan(s) will automatically be re-amortized. If you have any questions about your loan(s), please contact Fidelity 800-343-0860.

Note, if you are on an approved unpaid accommodation not covered by the Federal Family Medical Leave Act (FMLA) and/or the New Jersey Family Leave Act (NJFLA), you will be responsible to contact Fidelity directly and make payment arrangements.