

# CASH BENEFITS

LEARN MORE AT:  
[myLeaveBenefits.nj.gov](https://myLeaveBenefits.nj.gov)

## TO CARE FOR YOUR FAMILY MEMBER OR BOND WITH A NEW CHILD



### NJ FAMILY LEAVE INSURANCE

Family Leave Insurance benefits can partially replace your wages when you have to stop working to care for a family member/loved one with a physical or mental health condition, bond with a new child, or to handle certain matters related to domestic or sexual violence.

#### Most New Jersey employees qualify

To be eligible you must meet earnings requirements in the 18 months prior to the start of your claim; see the current year's requirements at [myleavebenefits.nj.gov](https://myleavebenefits.nj.gov).

#### Receive 85% of your average weekly wages, up to a maximum

See the current year's max weekly benefit level at [myleavebenefits.nj.gov](https://myleavebenefits.nj.gov) and learn about how you'll be paid at [myleavebenefits.nj.gov/yourpayment](https://myleavebenefits.nj.gov/yourpayment).

#### Length of benefits

You may take one continuous period of leave for up to 12 consecutive weeks (84 days) or you can split your leave into multiple periods (days or weeks at a time) and receive up to a maximum of 56 days (8 weeks).

#### When to apply

If you're planning ahead, you can start the online application at [myleavebenefits.nj.gov](https://myleavebenefits.nj.gov) up to 60 days in advance and save it as a draft. Once your leave begins, you must return to your draft to certify and submit your application. If applying after your leave begins, you have 30 days from your first day of leave to file your application. It can take two to six weeks to approve a claim and pay benefits once we have a complete application.

#### Family Leave Insurance for caregivers

See the law's generous definition of family and apply for caregiving benefits at: [myleavebenefits.nj.gov/caregiver](https://myleavebenefits.nj.gov/caregiver). When applying, we'll need information from you and your loved one's medical provider. It is your responsibility to ensure this information is submitted – including the medical provider portion, certifying their need for care.

#### Family Leave Insurance for bonding with a new child

Family Leave Insurance provides cash benefits for parents who stop working to bond with a newborn, newly adopted, or newly placed foster child. You may apply for Family Leave benefits any time during the first year after the child was born, adopted, or placed in your care. In addition, birthing parents can receive Temporary Disability Insurance benefits when they stop working before giving birth, and while recovering. Learn more at [myleavebenefits.nj.gov](https://myleavebenefits.nj.gov).

## Family Leave Insurance for domestic violence victims/survivors and their caregivers

If you need to take time off work to handle certain matters related to domestic or sexual violence, you may be able to collect Family Leave Insurance benefits. Family Leave Insurance supports employees who are victims/survivors or are assisting a victim/survivor. To learn more, visit: [myleavebenefits.nj.gov/survivors](https://myleavebenefits.nj.gov/survivors).

### If you are currently unemployed

If you must care for a loved one or bond with a new child, it is more than 14 days after your last day of work, and you are not on an employer-approved leave of absence, you may be eligible for Family Leave During Unemployment benefits. For more information, visit: [myleavebenefits.nj.gov/unemployed](https://myleavebenefits.nj.gov/unemployed).

### Covered employers and employees

Employers, including local governments (for example, counties, municipalities, and school districts) must participate in the State Family Leave Insurance plan and deduct your payroll taxes for it, or provide a private plan. The federal government is exempt. Generally, employees that work a significant amount of time outside of NJ are not covered but are encouraged to apply to find out if they are eligible. If you are covered under a private plan, talk to your employer to learn more and to get an application.

### Job protection

New Jersey Family Leave Insurance is a wage replacement program, not job protection. However, your job may be protected under the Family and Medical Leave Act (FMLA), New Jersey Family Leave Act (NJFLA) or the New Jersey Security and Financial Empowerment (SAFE) Act.

Additionally, if an employer retaliates against you for taking Family Leave Insurance benefits, you have the right to take private legal action.

Learn more at [myleavebenefits.nj.gov/jobprotection](https://myleavebenefits.nj.gov/jobprotection).



#### For further assistance



**T: 609-292-7060**  
**MONDAY-FRIDAY**  
**8:00 am – 4:30 pm**  
**F: 609-984-4138**



**Temporary Disability and  
Family Leave Insurance**  
**PO Box 387 | Trenton | NJ | 08625**

Hearing-impaired individuals may inquire about their claim via the Telecommunication Device for the Deaf (TDD): **609-292-8319**, or the NJ Relay Service at **1-800-852-7899**.