



Make the call

and talk to your designated
Registered Nurse Case Manager



Whether you have a general health question, need help managing a chronic health condition like diabetes, or have a more complex health situation like cancer, support from an Independence Administrators Case Manager is just a phone call away. All calls with your Case Manager are completely confidential, and Case Managers are available 24/7, whenever you need their help.

What is a Case Manager?

An Independence Administrators Case Manager is a registered nurse whom you can call to discuss health concerns and get the help and support you need to reach your health goals. Case Managers are available 24/7, and all calls are completely confidential. Case Managers may also call you to offer you help.

How can a Case Manager help?

Your designated Case Manager can help you:

- Manage a chronic condition like asthma, diabetes, or heart disease
- Cope with a serious illness, like cancer or a stroke
- Prepare and coordinate services for a planned admission or procedure
- Review your doctor's discharge instructions with you
- Answer questions related to health issues, treatment instructions, tests, or procedures
- Understand your medications, and why and how to take them
- Work with you and your doctor to address health concerns

Make the call today!

To connect with an available Case Manager 24/7, call **833-242-3030*** or email **casemanagement@ahatpa.com**

Stay on top of personal health information, screening reminders, health tips, and more!†

Visit **myibxtpabenefits.com** or text **IBXTPA** to **73529** to sign up.



*This is a free and confidential service.

†Standard message and data rates may apply. Text STOP to stop and HELP for help. Notification messages within IBXTPA Wire™ are sent via automated SMS. Enrollment in IBXTPA Wire™ is not a requirement to purchase goods and services from IBXTPA.

Nondiscrimination Notice and Language Access Services

This plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on your ID card (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en su tarjeta de identificación (TTY: 711).

注意：如果您使用简体中文，您可以免费获得语言协助服务。请致电您ID卡上的电话号码。

By providing my cell phone number and/or email address, I authorize Independence Administrators and my employer to contact me via email, automated text and/or cell phone call. I understand that my consent is not a condition of any benefit or purchase and that I can opt out at any time. Message and data rates may apply.

Independence Administrators is an independent licensee of the Blue Cross and Blue Shield Association.
© 2020 Independence Administrators