

A close-up photograph of a young couple with dark skin and curly hair, both smiling warmly. The man is holding a white smartphone, and the woman has her arm around his shoulder. They are both wearing denim shirts. The background is softly blurred, suggesting an indoor setting.

2022

Benefits of joining

Independence 
Independence Administrators

Get to know your employer's health plan

Everything you need to take care of your health and well-being

Be healthy

We make it easier to get the care you need, when you need it, with comprehensive benefits and access to the region's largest network of hospitals and doctors.

Be well

We're here to support you when you have questions or you're managing complex health conditions. Take advantage of our digital tools and plan member-exclusive discounts to create your customized path to well-being.



Connect with us!

Sign up to receive health screening reminders, important plan notifications, and cost-saving alerts securely by text message or email.

ibxtpa.com/getconnected

Preventive care and health resources



Preventive care benefit

Most of your preventive care, such as an annual exam, preventive lab work, and eligible immunizations, is covered at 100 percent when you use an in-network doctor.



Precertification program

Precertification is an approval that your doctor must receive from us before you get coverage for certain services under your health plan. To view the services that require precertification, log in at myibxtpabenefits.com, select *My Benefits Overview* from the Benefits menu at the top, then click *Medical Benefits at a Glance*.



Personal health record

Like a digital health diary, your personal health record automatically updates with your office visits, surgeries, and test results once your claims are processed.



Reach your health goals

Chronic or long-term medical conditions are a big part of why health care can be expensive. We can help you reach your health goals, no matter where you're starting from.

Achieve Well-being

Our online tools and resources make it easy and fun to reach your health goals:



Complete the Well-being Profile and create an action plan



Get reminders specific to your health goals, like getting fit, improving nutrition, sleeping better, and managing stress



Stay motivated with tokens and badges to celebrate your achievements



Sync up fitness apps and devices to track your progress, create challenges, and invite friends



Extra support when you need it

Whether you have general health questions or you're managing more complex health challenges, extra support is available.

Registered Nurse Case Manager*

When you call our Health Information Line, Registered Nurse Case Managers are available 24/7 for questions about your health and treatment options.

Case management

If you are diagnosed with a complex, catastrophic, or chronic illness or injury, case management can help support you and your health care providers by locating, coordinating, and evaluating services across various levels and places of care.†

Baby Beginnings®

Baby Beginnings is a maternity management program specifically designed to help expecting mothers successfully manage their health before, during, and after baby is born. To get started, call [833-242-1777](tel:833-242-1777) or email babybeginnings@ahatpa.com with "Enroll" in the subject line. A nurse will reach out to you within two business days.

NICU care management

Support is available if your newborn needs treatment in a Neonatal Intensive Care Unit (NICU), including telephone and in-person support from the day the baby is admitted through discharge planning and the transition home.

*This is a free and confidential service.

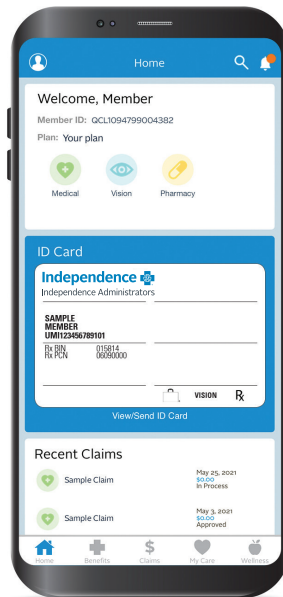
†Coverage is subject to the terms and conditions of the group benefit plan.



Find the information you need

Whether you're at home or on-the-go,
you have 24/7 access to your benefits
information and plan member tools.

Log in at **myibxtpabenefits.com**
or through our free
myIBXTPABenefits app!



Access plan information

Easily find all your claims, spending, and
benefits information. You can also view, print,
or send your ID card.

Find care, estimate costs

Use our Find a Doctor tool to search for
in-network doctors, hospitals, and other
health care providers near you. You can also
estimate your costs for care based on your
specific health plan.



Exclusive discounts and savings

As a plan member, you can take advantage of savings and discount programs for local, regional, and national businesses and attractions.*



Discounts on entertainment and events

Blue InsiderSM offers great deals on family-themed activities, like movie and theater tickets, sporting events, museums and zoos, and travel. You can also save on online shopping and gift certificates.



Exclusive deals

Save on health-related products and services through our Blue365TM program. You'll enjoy exclusive discounts and offers from leading national companies, like FitBit, and weekly featured deals for products like meal delivery services, fitness apparel, weight loss programs, and laser vision correction.



Get Good Living

At getgoodliving.com and through the myIBXTPABenefits mobile app, you can clip and print valuable coupons for popular food, health, and household items. You will also find articles about a variety of health topics and delicious recipes that support a healthy lifestyle.



Philly-area fun

Take advantage of members-only pricing on Indego, Philly's bike-share program. And, show your member ID card for free skating admission at the Blue Cross RiverRink.

Check out all the exciting member perks at myibxtpabenefits.com.

Support for your financial well-being



We want to help you keep your finances healthy, too. Plan members have access to GradFin[®] at no cost to help ease the burden of paying for higher education.

GradFin offers several ways to help save for college and reduce student loan debt. They offer services that can improve your financial future with personalized payoff options to help you save.

* GradFin, LLC is an independent company. These value-added programs and services are not benefits under the health care plan and are subject to change without notice.

Questions?

Call Customer Service at the number
on the back of your ID card.

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Baby Beginnings is a registered trademark of Independence Blue Cross.

AmeriHealth Administrators, an independent company, provides medical management services and programs for Independence Administrators.

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